



## Extra Mural Programme Grade 3 - 7 TERM 1 2023

### CRICKET: MR ISAACS

	TEAM	COACHES	DAY OF THE WEEK	TIME	PRACTICE VENUE	MATCH TIME +/-
U13	U13 A	Mr Oosterwyk / Mr Rose	Tuesday & Thursday	15:00 - 16:30	Tennis Courts Nets	Saturday 08:30 - 14:30
	U13 B	Mr Swanson / Mr van der Walt (Sat Only)				
	U13 C	Mr Steward	Wednesday & Thursday	15:00 - 16:30	Tennis Court Nets	Thursday 15:00 - 18:30
	U13 D	Mr Leverzencie				
U12	U12 A	Mr R. Isaacs / Mr Z Noor / Mr Gerber (Saturdays)	Monday	15:00 - 16:30	Tennis Court Nets	Saturday 08:30 - 14:00
	U12 B	Mr Walters			Astro Nets	Tuesday 15:00 - 18:30
	U12 C	Mr D. Stuart				
	U12 D	Mr Quinlan				
U11	U11 A	Mr Owen / Mr Rhodes	Monday	15:00 - 16:30	Astro Nets	Saturday 08:30 - 14:00
	U11 B	Mr N Noor	Tuesday			Wednesday 15:00 - 18:30
	U11 C	Mr Johnson				
	U11 D	Mr Allie				
U10	U10 A	Mr Sabatta (Thurs only) / Mr Rajee	Thursday	15:00 - 16:30	Astro Nets	Saturday 08:30 - 14:00
	U10 B	Mr Abdul				Monday 15:00 - 18:30
	U10 C	Mr Swanson				
	U10 D	Mr U Davids				
	U10 E	Mr Coomer				

*Please Note: The week the age groups play against the boys schools, The 'A' teams per age group including the U13B team will play on a Saturday from 08:30 to +- 13:30*

U9	Cobras	Pinnacle Sports Education Mrs Tresham / Ms Matterson	Monday & Thursday	14:15 - 15:15	Astro 1	No matches
	Lions				Astro 1	
	Tigers					
	Giraffes					

### AQUATICS: MRS BRADFORD (SWIMMING) & MRS PASTOR (WATERPOLO)

ALL TEAM SWIMMING IS COMPULSORY ATTENDANCE						
	TEAM	COACH	DAY OF THE WEEK	TIME	Practice Venue	MATCH TIME
<b>SWIMMING</b>	U10 - U13 Development Swimming	Pro Coach, Mrs Isaacs	Monday	15:15 - 16:30	WBJS Pool	
	U13 Team Swimming	Pro Coach, Mrs Sims & Mrs Bladen		15:15 - 16:30		
	U10 - U13 Team Swimming	Pro Coach Mrs Bradford, Mrs Bladen	Tuesday	06:30 - 07:30		
	U8 & U9 Team Swimming	Pro Coach, Mrs Bladen & Miss Sims				

	U8 - U9 Development Swimming	Pro Coach, Mrs de la Cruz & Mrs Warner		14:15 - 15:15	WBJS Lap Pool	
	U10 Team Swimming	Pro Coach, Mrs Fakir & Ms John	Wednesday	15:15 - 16:30	WBJS Lap Pool	
	U11 & U12 Team Swimming	Pro Coach & Mrs Bradford & Ms Graney	Thursday	15:15 - 16:30	WBJS Pool	
	U8 - U9 Team Swimming				WBJS Pool	
	U8 - U13 Development Swimming	Pro Coach, Mrs de la Cruz & Mrs Graney	Friday	06:30 - 07:30		
<b>WATERPOLO</b>	<b>TEAM</b>	<b>COACH</b>	<b>DAY OF THE WEEK</b>	<b>TIME</b>	<b>PRACTICE VENUE</b>	<b>MATCH TIME</b>
	U10s	Ms Woodhead (10A) Mr C Theron (10B) Mrs A. Abrahams (Tuesday Only)	Tuesday (pm) Wednesday (am)	15:15 - 16:45 06:30 - 07:30	WBJS Pool	Fridays
	U11s	Mrs Pastor (11A) Ms Strybis (U11B)	Tuesday (pm) Wednesday (am)	15:15 - 16:45 06:30 - 07:30		
	U12s	Mr Riddle (12A) Mr Rousseau (U12B)	Monday (am) Thursday (am) Wednesday (pm)	06:30 - 07:30 15:15 - 16:45		
	U13A & U13B	Mr Lecuona (U13A) Mr Kolle (u13B) Mrs Parker - Nance (U13A & B)				
<b>SPLASH POLO</b>	U8	Mrs Fakir & Mrs Graney & Mrs de la Cruz (Wed only)	Monday & Wednesday			
<b>FLIPPA BALL</b>	U9	Mrs Townsend, Mrs Paulsen & Mr Theron	Monday	14:15 - 15:15	WBJS Pool	No matches
		Mrs Paulsen, Mrs Isaacs, Mrs Grant & Mr Theron	Wednesday			
<b>TENNIS: MRS HUGO</b>	U11	Mr Mfaba, Mrs Herrmanus (Thursday Only) & Prof Coach	Monday	15:00 - 16:00	WBJS Tennis Courts	Friday (U13) matches. Mr Mfaba / Mrs Hugo / Mrs Isaacs
			Thursday	07:00 - 07:45		
	U13	Mrs Hugo, Mrs Grant & Prof Coach	Tuesday	15:00 - 16:00		
			Friday			
Tennis Development	Mrs Hugo & Prof Coach Gr 4-5, Ms Mohamed Prof Coach Gr 6-7, Mrs Japhta	Monday	07:00 - 07:45	WBJS		
		Tuesday		WBJS		
<b>SQUASH: MRS JAMES</b>	Development Squash (Limited Numbers)	Mrs James, Mr L White	Tuesday	15:00 - 16:00	Old & New Courts	WBHS
			Wednesday			
<b>CHESS: MRS GRAHAM</b>	Gr 3 - 7 (Limited Numbers)	Mrs Graham, Ms Cronje.	Tuesday (Gr 3 - 4)	15:00 - 16:00	Library	WBJS (Term 2 and 3)
			Thursday (Gr 5 - 7)			
<b>MUSIC DEPARTMENT: MR KIERNAN</b>						
		<b>TEACHER</b>	<b>DAY OF THE WEEK</b>	<b>TIME</b>	<b>PRACTICE VENUE</b>	<b>VENUE</b>
<b>Choirs</b>	Sopranos & Altos	<b>Mrs Scheepers</b>	Monday	07:00 - 07:55	Hall	WBJS
	Tenors		Tuesday			
	Entire Senior Choir		Wednesday			
	Intermediate		Thursday			
	Junior Choir		Thursday	14:00 - 14:45	Hall Stage	
Advanced Recorder			Friday	07:00 - 07:45	Hall Stage	Compulsory
String Ensemble		<b>TBA</b>	Tuesday	07:00 - 07:55	WGJS Hall	WGJS/Compulsory
			Thursday			
<b>Reading Band</b>		<b>Miss Van Der Merwe</b>	Monday, Tuesday & Thursday	07:00 - 07:55	Singing Room	WBJS/Compulsory
Jazz Band			Wednesday	07:00 - 07:55	Music Room	Compulsory
<b>Concert Band</b>		<b>Mr Kierman</b>	Monday	<b>14:00 - 14:45</b>	Pavilion	Compulsory
			Tuesday & Friday	07:00 - 07:55	Pavilion	Compulsory
Drumline			Wednesday	14:30 - 15:00	Field A	Compulsory

Beginner Drumline			Wednesday	07:00 - 7:30	Field A	
<b>DRAMA CLUB: MS FOURIE</b>			Monday & Tuesday	15:00 - 16:30	Hall	WBJs
<b>ATHLETICS: MR RHODE (Selected Learners)</b>		Mr Rhode / Mr Isaacs	Tuesday & Thursday	06:45 - 07:40	Field	WBJs
<b>ART CLUB: MRS McGIBBON</b>						
Junior Art Club	Gr 3	Mrs Townsend & Ms February	Thursday	14:00 - 15:00	Art Room	WBJs
Senior Art Club	Gr 4 - 7	Mrs McGibbon (Tues) Mrs Townsend (Wed) Mrs Walbrugh (Tues)	Tuesday & Wednesday	15:00 - 16:00		
<b>EARLY ACT CLUB: MRS WOODMAN</b>		Mrs Woodman	Wednesday & Thursday	15:00 - 16:30	4B	
<b>CODING CLUB</b>	Gr 4 - 7	Mrs Tooley	Wednesday Gr 6 & 7 Thursday Gr 4 & 5	15:00 - 16:30	Computer Room	WBJs
<b>CONDITIONING (FITNESS) CLASSES</b>	Gr 4 - 7	Mrs Warner	Monday	15:00 - 16:00	WBJs Field - Meet in the Quad	WBJs
		Ms Mohamed	Tuesday			
		Mrs Warner	Wednesday			
		Ms John	Thursday			
<b>LIBRARY: MS ABRAHAMS</b>		Ms T. Abrahams	Monday Wednesday	15:00 - 16:30	Library	WBJs
<b>MONDAY DETENTION</b>	Gr 3 - 7	Ms Rowbotham	Monday	15:00 - 17:00	Classroom 3B	WBJs
<b>GROWTH MINDSET / MINDFULNESS</b>	Gr 3 & 4	Mrs Tresham	Monday	15:00 - 16:00	Classroom 2C	WBJs
	Gr 5 - 7	Mrs McGibbon	Monday	15:00 - 16:00	Artroom	WBJs
<b>ACADEMIC ASSISTANCE</b>	Gr 4 - 5 (Remedial)	Mrs Daniels	Tuesday ( <b>Selected Pupils</b> )	15:00 - 16:00	Remedial Room	WBJs
	Gr 2 - 3 (Remedial)		Wednesday ( <b>Selected Pupils</b> )	15:00 - 16:00	Remedial Room	
	Gr 3	Ms Rowbotham	Tuesday	14:30 - 15:30	Classroom 3B	
	Gr 4 & 5	Mrs Abrahams (Thursday Only)	Tuesday Gr 4 & Thursday Gr 5	15:00 - 16:00	Classroom 5A	
	Gr 6 - 7 (Maths only)	Mrs Hermanus	Mondays Gr 7 Wednesday Gr 6		Classroom 7D	
	Gr 4 - 5 (Afrikaans)	Mr Rhode?	Tuesday	15:00 - 16:00	Library	
Gr 6 - 7 (English)	Mrs Roberts?	Tuesday & Wednesday	13:30 - 14:30	Library		

<b>HOMEWORK HOUR (To Be Confirmed &amp; Commenced in February)</b>	Gr 4 & 5		Monday	15:00 - 16:00	Gr 4's 4A? / Gr 5's 5A	WBJs
	Gr 6 & 7				Gr 6's 6A / Gr 7's 7A	
	Gr 4 & 5		Tuesday		Gr 4's 4B / Gr 5's 5B	
	Gr 6 & 7				Gr 6's 6C / Gr 7's 7B	
	Gr 4 & 5		Wednesday		Gr 4's 4C / Gr 5's 5C	
	Gr 6 & 7				Gr 6's 6C / Gr 7's 7C	
	Gr 4 & 5		Thursday		Gr 4's 4D / Gr 5's 5D	
	Gr 6 & 7				Gr 6's 6D / Gr 7's 7D	

